

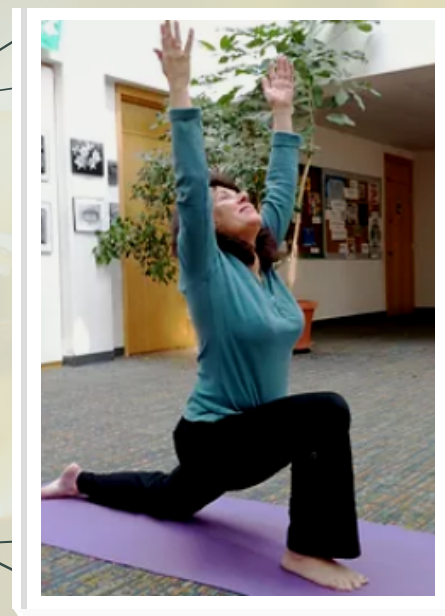


# MOVEMENT CLASSES

*with Mary & John Platt*

**QI GONG**  
Tuesdays 10am

**CHAIR YOGA**  
Thursdays 10am



\$15 drop in - starts June 21st