



Food Access

United Way supports 200 food pantries to ensure no child or adult goes to bed hungry. Through walk-in pantries, drive-thru pantries, backpack programs and mass feeding programs, United Way helps to feed families experiencing hunger.

Volunteerism

By working together we engage passionate, talented community members. United Way provides free tax preparation, distributes food for families, school supply drives, senior engagement and presents 21-Day Equity Challenges. The perfect volunteer opportunity awaits YOU at volunteer.uwdor.org

Crisis Intervention

United Way provides immediate relief and support to students, veterans and low-income families experiencing a devastating financial crisis. We keep them safely housed and provide needed resources.

2.1.1

United Way offers a free, confidential 24/7/365 human service helpline with expertly trained staff. A call to 211 provides families with resources for housing, food, mental health access, senior care, financial assistance & more. 211hudsonvalley.org

Education

United Way offers comprehensive after school programs. We provide tutors for reading and math skills. United Way also supports suicide prevention, violence prevention, nutrition education, workforce development and other initiatives.

Essential Items

United Way distributes almost \$350,000 in new household, hygiene and children's items to families annually. Our focus is families in crisis, experiencing homelessness or domestic violence. We also help fill hygiene cabinets at schools, providing socks, shoes and other essential items.

For confidential help
24/7/365, call 211

2.1.1

www.uwdor.org
845-471-1900

"I'm so glad you're still there."



We helped Harold, a disabled, homeless veteran, into stable housing six years ago. But he received notice his landlord was selling the building with the real estate market exploding and he needed to leave. Thanks to United Way's support for veterans, Harold was placed in an accessible apartment and now no longer fears returning to the streets.

Need Help?
CALL

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- Food Assistance
- Mental Health Services
- Housing Assistance & Shelters
- Substance Abuse Help
- Employment Help
- Becoming a Foster Parent
- Heating & Utility Help
- Where to Get Medical Help
- Abuse Prevention
- Earned Income Tax Credit (EITC)
- Elder Care
- Disaster Services

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2.1.1

WHAT A DOLLAR BUYS EACH WEEK

\$2/WEEK



PROVIDES **104** MEALS FOR A FAMILY OF FOUR

\$3/WEEK



PROVIDES **108** HOURS OF EDUCATION & TUTORING

\$5/WEEK



REMOVES FINANCIAL BARRIERS FOR **1** FAMILY AFFECTED BY COVID-19

\$10/WEEK



PROVIDES A HELPING HAND FOR **2** FAMILIES IN URGENT CRISIS

\$25/WEEK



HELPS PREVENT EVICTION FOR **3** FAMILIES

\$50/WEEK



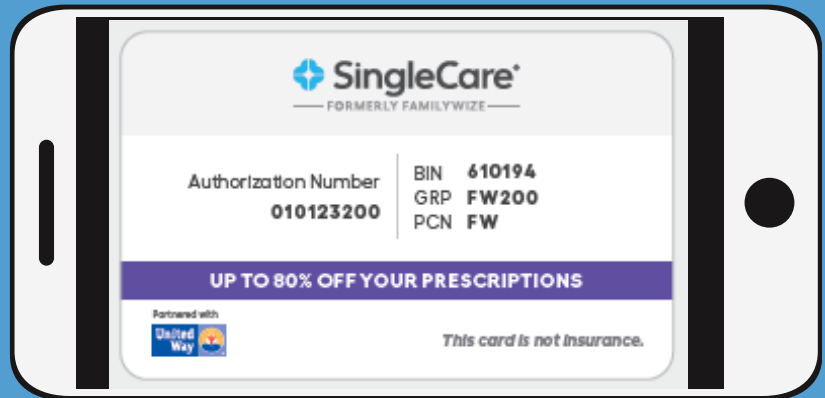
PROVIDES LEGAL ADVICE FOR **58** VETERANS

\$100/WEEK



ACCESS TO SUICIDE PREVENTION & MENTAL HEALTH RESOURCES FOR **743** STUDENTS

Prescription Drug Discount Card



New name. Same great savings.



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