

# Sports Nutrition Specialist Certification

Microcredential



The Sports Nutrition Specialist Certification Microcredential will allow students to pursue a certification in the fitness field. Students would have a certification as a Nutrition Specialist, allowing employment in the fitness field to be highly attainable.

**For more information, contact the Admissions Office at (845) 431-8010 or visit [www.sunydutchess.edu/academics](http://www.sunydutchess.edu/academics)**

# Sports Nutrition Specialist Certification

MICROCREDENTIAL

| Required Courses: |   | Credits |
|-------------------|---|---------|
| BIO 122           | Nutrition                                 | 3       |
| BUS 102           | Foundations of Business                   | 3       |
| ESW 204           | Sports Nutrition Specialist Certification | 3       |
| <hr/>             |   |         |
| Total             |   | 9       |

## Students who successfully complete this Microcredential will be able to:

- Effectively educate, motivate, and/or communicate with individuals to influence healthy lifestyle behavior modifications which include the dimensions of wellness, occupational wellness, and stress management;
- Perform safe, ethical and legal practices in a variety of health and fitness related settings within the scope of practice.



This microcredential can be stacked into:

**Exercise Science & Wellness, A.S.**

Because a Microcredential is comprised of short course sequences, requirements for a Microcredential are to be completed at DCC. Any exception to this would require departmental approval in order to transfer in credits.

No more than 50% of credits may be accepted in transfer.\*

A digital badge will be awarded to students who complete the required coursework and earn a 2.0 or higher in each course.

If the Microcredential contains a certification exam, a successful score on that exam is also required for the award of the Microcredential.

*\*Certain courses may be required to be taken at DCC; check your specific program for these exceptions.*