



CHAKRA MAT BENEFITS

PEMF, NEGATIVE IONS, FAR INFRARED

(PULSED ELECTROMAGNETIC FIELD) PEMF THERAPY

is based on the Earth's natural 7.83 Hz frequency

- Rebalances body's natural biorhythms
- Counteracts harmful exposure to electromagnetic smog
- Stimulates well-being and helps one feel rejuvenated

NEGATIVE IONS

are nature's purifiers, cleansing our surroundings

- Guide the body along a path of detoxification
- Counteract the disturbances of positive ions, which are created by modern technologies and chemicals
- Bring your body back to a state of natural balance

FAR INFRARED

is an invisible form of light often received from the sun

- Rays penetrate 4-6 inches into the body's tissues
- Helps decrease pain, inflammation, and stiffness
- Increases localized blood circulation where applied

ENJOY 20 MINUTES FOR \$20!