

# AFib

can happen to anyone.

**What is AFib?** (or *Atrial Fibrillation*) AFib is a heart rhythm problem that may or may not be noticeable as a racing, pounding or fluttering sensation.

## What are the symptoms of AFib?

Common symptoms may include:



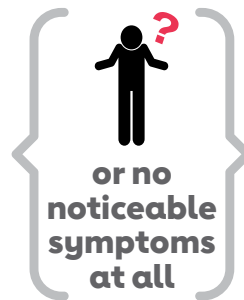
Racing heart, fluttering or palpitations



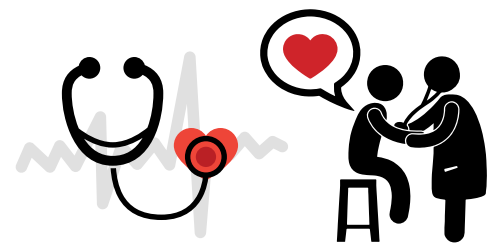
Fatigue, shortness of breath



Lightheadedness



or no noticeable symptoms at all



**Get regular checkups.**

It's important to listen to your heart. If you think you may have AFib, talk with your health care professional and find out what you can do to lower your risk for stroke.

**People with AFib are at greater risk for stroke.**



AFib is linked with a

**5x**  
— HIGHER —  
**STROKE RISK**



Compared with White people, Black people are approximately one third less likely to be aware they have AFib.

**Most people with AFib benefit from stroke protection.**

If you have AFib, chances are **you** need protection.



**Medications lower risks**



Discuss your risk calculations with your health care professional.

Visit [heart.org/AFib](https://heart.org/AFib) to learn more about AFib symptoms and stroke risk.